



# Community Health Promotions Council Executive Session

28 February 2014

~~LTC Sanderson and Ms. Mootz~~

**Supporting each Warrior, Family, and Community with  
sustainable services, ensuring power projection readiness  
from Hawaii**

*We are the Army's Home*



# Agenda

**Opening Remarks (<5 Min)**

**Overview (<25 Min)**

Break: All (<10 Min)

**Work Group Updates: Leads (<10 Min each)**

Recap Due Outs: HPRA (<5 Min)

**Final Comments (<5 Min)**

# Ready and Resilient

Potential Reporting Areas

- Behavioral Health CSF2
- Domestic Violence
- Equal Opportunity
- IDES
- Risk Reduction
- SHARP
- Sponsorship
- STRATCOM
- Strong Bonds
- Substance Abuse
- Suicide Prevention
- Transition

R2 Battle Rhythm  
Ongoing

R2TF

30 Days

CHPC-B

60 Days

Exec

90 Days

Fed by trends, updates, and spotlight briefs

IMCOM

HQDA

MEDCOM

DA  
HPRRC

VCSA  
SSRG

USARPAC  
Strategic Oversight  
CHPC

R2TF  
Synchronized by CoS

Take back Lessons Learned and Best Practices

CHPC  
Review Board  
Chair: GC & SCR

CHPC  
Executive Session  
Chair: SR CDR

Ready and Resilient Campaign

Focus Area Review:  
R2TF  
Update

Ready and Resilient Review  
CDR's R2 Updates

Brigade Ready  
CDR's R2 Dashboard

R2 Focus Area Review:  
Program Input

Ready and Resilient  
Command Input  
CMD Input



# Upcoming Meetings 2Q FY14



**Ready and Resilient Task Force**  
(T) 27 MAR 2014, 1330-1500



**Ready and Resilient Task Force**  
(T) 17 APR 2014, 1330-1500



**Community Health Promotion Council  
Review Board**



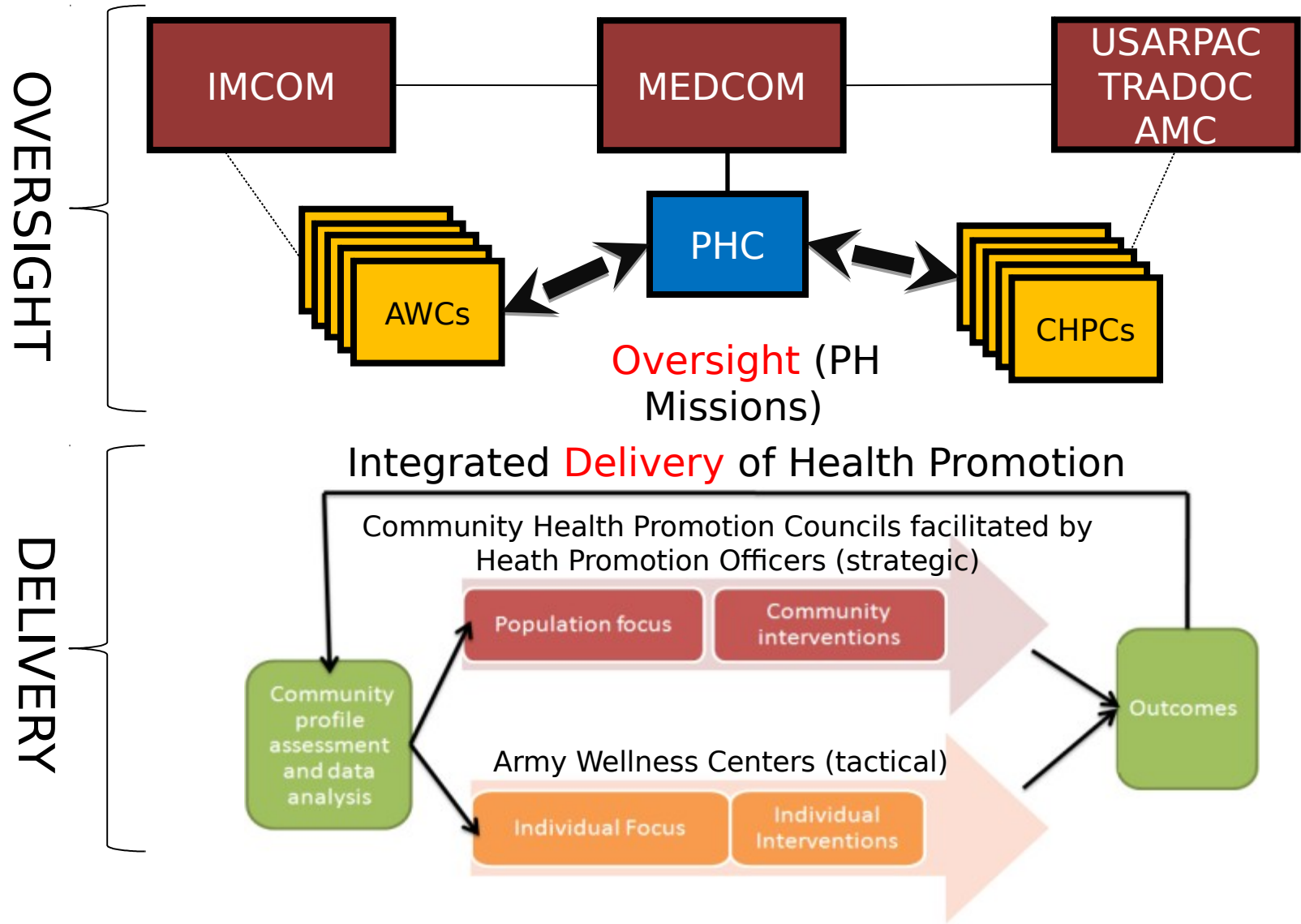
(T) 25 APR 2014, 1430-1600



**Ready and Resilient Task Force**  
(T) 22 MAY 2014, 1330-1500



# Missions of Mutual Interest





# Army Regulation 600-63 Health Promotion

Army health promotion is defined as any combination of health education and related organizational, political and economic interventions designed to facilitate behavioral and environmental changes conducive to the health and well-being of the Army community.

## KEY TASKS

### Senior Commander

- (1) Establish and chair a Community Health Promotion Council.
- (2) Appoint a CHP officer to direct program priorities.
- (3) Administer and control the health promotion program through the CHPC and the Health Promotion Officer; these are the commander's primary advisers.

### Health Promotion Officer

- (1) Serve as liaison between the installation commander, CHPC members and other military and civilian representatives.
- (2) Coordinate program priorities.
- (3) Advise the commander on the CHPC.
- (4) Provide overall administrative assistance to the installation commander and the CHPC.

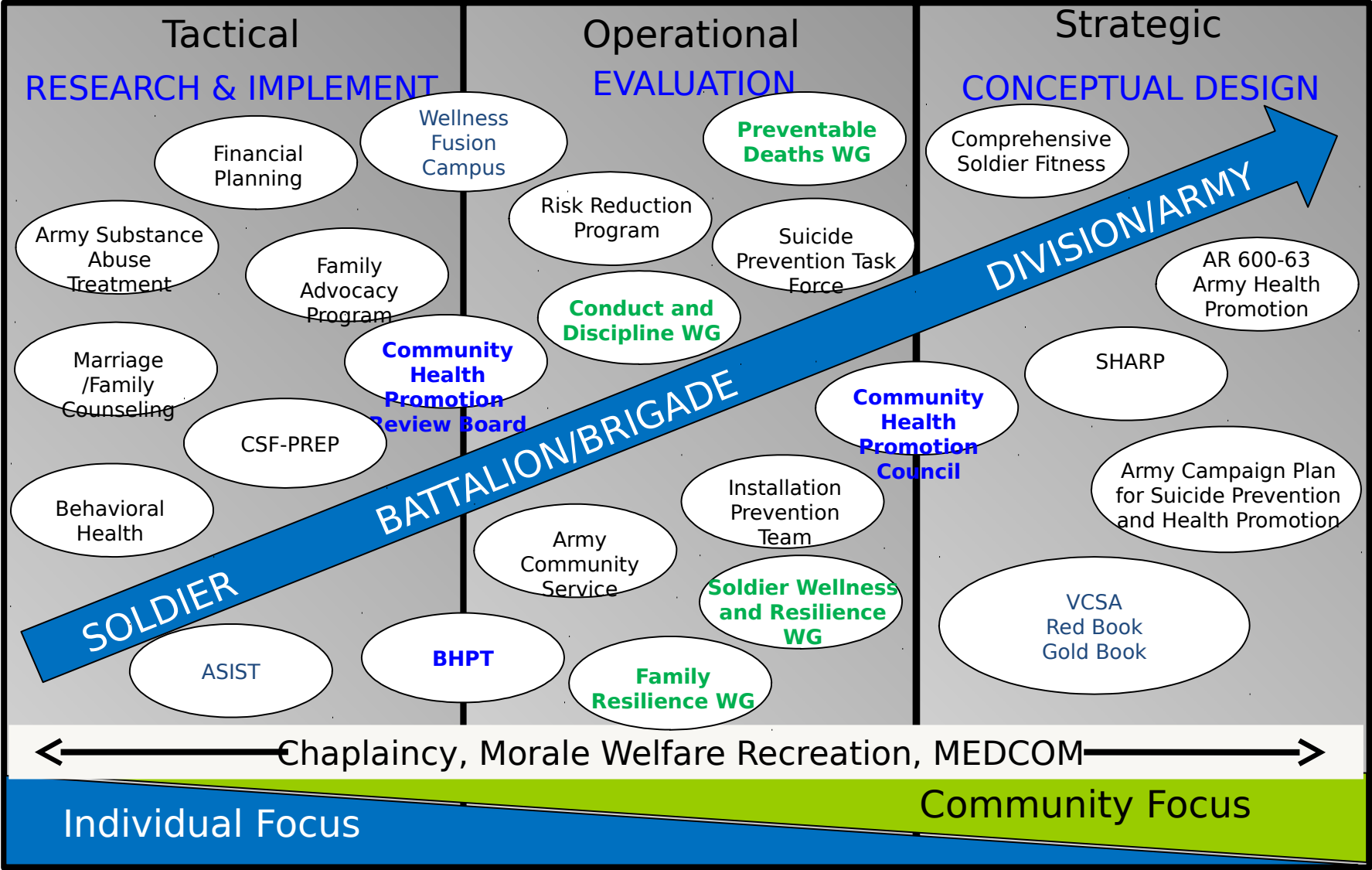
### Community Health Promotion Council

- (1) Assess community needs.
- (2) Inventory resources.
- (3) Analyze data resulting from program assessments and/or evaluations.
- (4) Develop, implement, and evaluate courses of action to address identified community needs.
- (5) Integrate existing health promotion programs with other similar installation and community programs.

(6) Develop a comprehensive marketing plan based on existing resources and demographics.



# CHPC Conceptual Overview





# USAG-HI Community Health Promotion Council

*Facilitates cooperation, coordination and integration of medical, tactical and garrison assets*

**Structure**

**Operational Level**

## Senior Commander's Community Health Promotion Council (CHPC)

Chaired by: Senior Commander

Facilitated by the Installation Health Promotion Officer

Members include: GO Cdrs/CSMs; Brigade Cdrs/CSMs; Garrison Cdr/CSM; Div Surgeon; Program Director and SMEs

**Tactical Level**

### Senior Medical Leaders Council

Chaired by: Director of Health Services

### CHPC Review Board

Chaired by: GC, DCG-S/CoS (SC), Dir HS, HPO  
TF Chairs present motions for consideration at CHPC

#### Soldier Wellness and Resilience Working Group

Chair: SBMC, CDR  
AO: Deputy

#### Conduct and Discipline Working Group

Chair: DES  
AO: Deputy

#### Preventable Death Working Group

Chair: DHR, Director  
AO: HPRRSPC

#### Family Resilience Working Group

Chair: FMWR, Director  
AO: ACS, Director

### Data Analysis and Integration Task Force

Chair: LTC Sanderson AO: Ms. Mootz

**Research Zone:** BHPT, CSF(GAT), RRP/URI/R-URI, PHA/PDHRA/PDHA, MEDPROS, APFT, SIR, USR, BH Data, TRICARE (Data Points)

#### Best Practices facilitated through the CHPC:

- Implement AR 600-63 and VCSA HP/RR/SP Directives
  - Synchronize Health Promotion, Risk Reduction and Suicide Prevention Efforts
  - Coordinate targeted prevention efforts and interventions for health and wellness
  - Facilitate cooperation, collaboration and integration throughout installation health promotion assets
- Integrate medical, mission, and garrison assets
  - Task forces include appropriate SMEs

#### Emerging Initiatives:

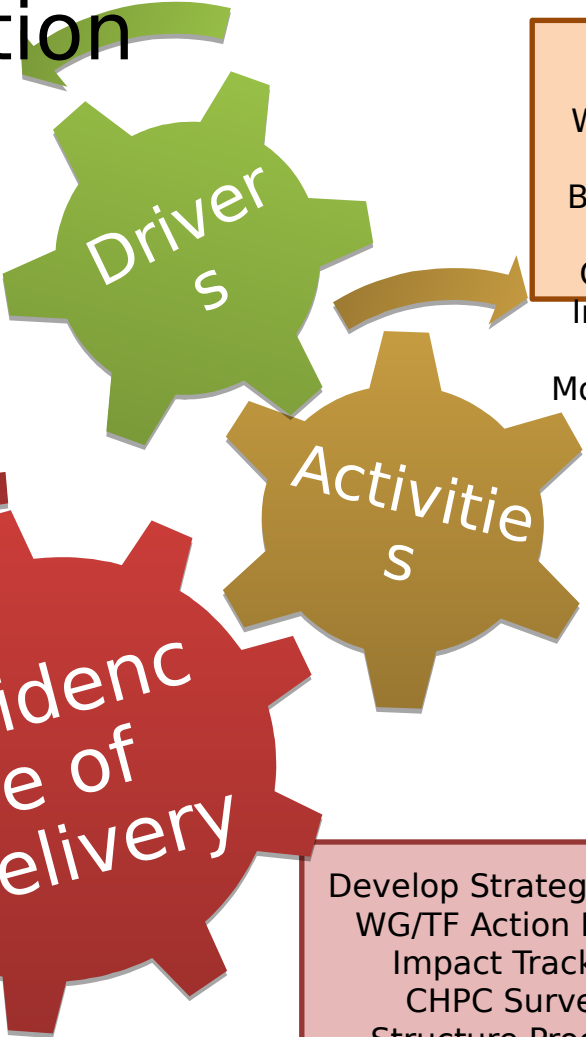
- Brigade Health Promotion Teams (BHPT)
  - BHPT Dashboard
  - Provide structure for CSF MRTs
  - Assists commander with high risk Soldier management
- ACE-SI program
- Provide follow-up with Soldiers' units



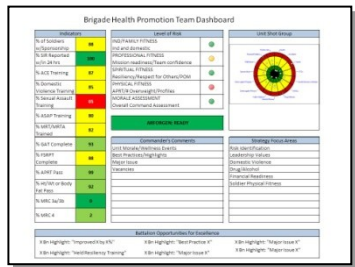


# Integrated Community Health Promotion

- National Prevention, Health Promotion, and Public Health Council, PODUS 10 June 2010
- HQDA
- HP/RR/SP Report
- AR 600-63
- HPO/APHC
- Local Command Groups
- Community SMEs
- OASD
- CDC APP



CHPC Charter  
CHPC Chaired by SC  
Working Groups and Task Forces  
Brigade Health Promotion Teams  
Community Assessment  
Inventory Resources thru CRG



Monitor Trends & Outcomes

## Outcomes

NEAR TERM	SHORT TERM	LONG TERM
<ul style="list-style-type: none"><li>Creating an environment that encourages coalition building</li><li>Coordinated approach to systematic data collection</li><li>Awareness of gaps and overlaps</li><li>Change in attitude toward Preventive</li></ul>	<ul style="list-style-type: none"><li>Elimination of Silos</li><li>Reduction of gaps and overlaps</li><li>Cost Savings</li><li>Increase and Improve the Health and Wellness of the Community</li><li>Reduction of disease/illness/injury</li></ul>	<ul style="list-style-type: none"><li>Integration of Tactical, Medical, &amp; Garrison Assets</li><li>Efficient resource management</li><li><b>Fit and Ready Force</b></li></ul>

Develop Strategic Plan  
WG/TF Action Plans  
Impact Tracker  
CHPC Survey  
Structure Process  
Evaluation Tool  
Community Needs Profile  
CGR - Web based & hard copy  
BHPT Dashboard  
Relationship Tracker

Evaluation  
Communicate results and measures .  
Quarterly Impact Tracker and Balanced Scorecard



# Resilience Program & R2TF Updates

Focus Area:		Ready and Resilient Focus Area	Trends	Measures of Effectiveness	Best Practices	Lessons Learned	Comments
Program Information	Program Primary POC (name, email, phone #)	25 <sup>th</sup> ID					
	Program Alternate POC (name, email, phone #)	8 <sup>th</sup> TSC					
	Related Meetings (title & frequency/battle rhythm)	9 <sup>th</sup> MSC					
	Latest guidance from the Command Group	311 <sup>th</sup> TSC					
	Reports/data and outputs (who reported to)	TAMC					
	Program Goals	94 <sup>th</sup> AAMDC					
	Current and Future Initiatives (timeline)	500 <sup>th</sup> MIB					
		196 <sup>th</sup> TSB					
Requirements	Law	18 <sup>th</sup> MEDCOM					
	DoD Regulation	Garrison					
	Army Regulation	USARPAC					
	USARHAW Regulation						
	Other						
	Unit requirements (manning, training, etc.)						
Assistance Needed							
Does your Command have a good news story or vignette related to one of the focus areas to share?							
Measures of Effectiveness	What does a successful program look like in a Unit (how does a Commander know if they are being successful)?						
	What metrics should the Commander be tracking in the Unit to get a picture of the Unit?						
	What are indicators to a Commander						

*Review of each focus area for decision on agenda topics for the Executive CHPC*



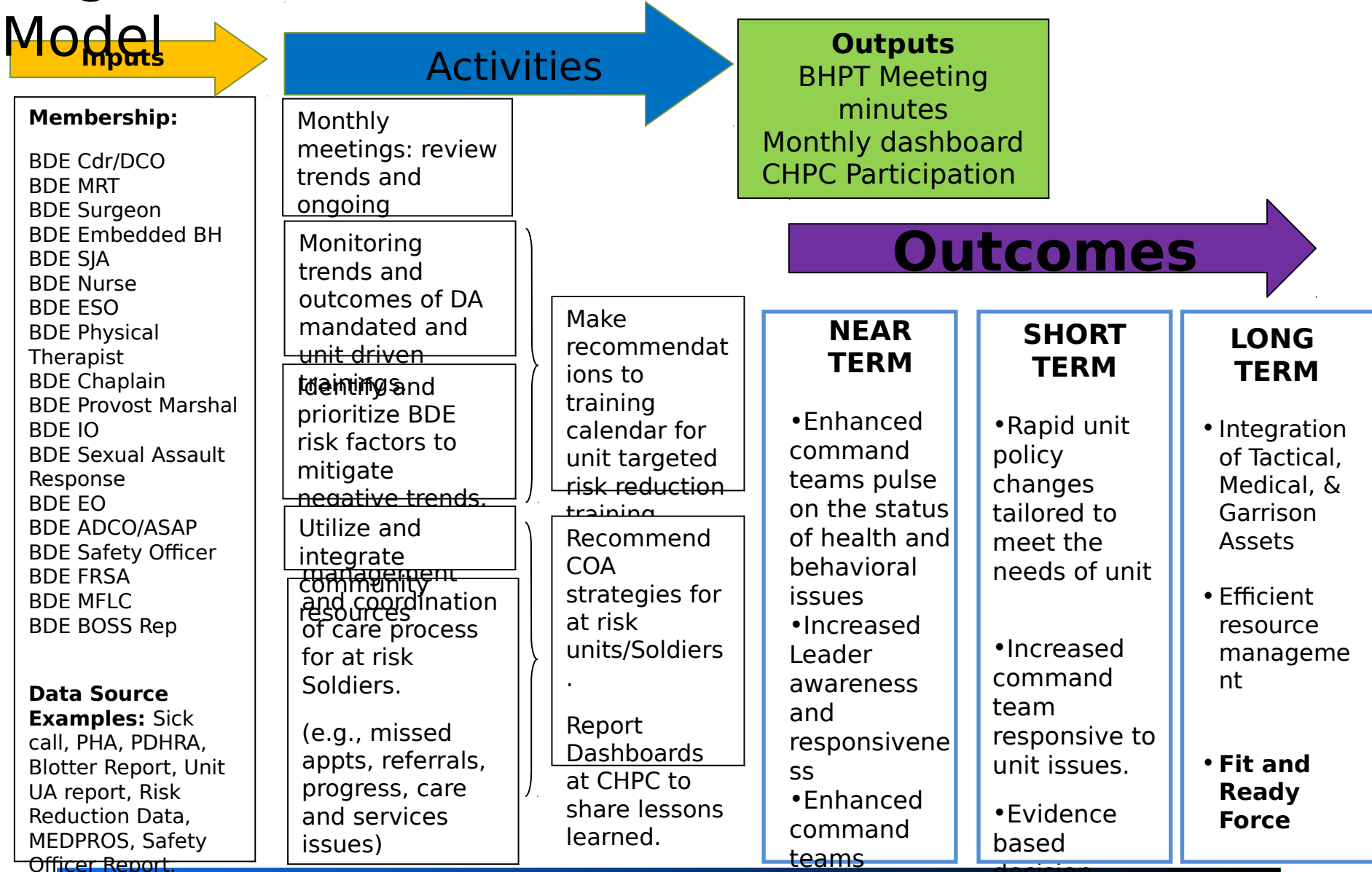
# Brigade Health Promotion Team (BHPT)

## Meeting



# Brigade Health Promotion Team (BHPT)

## Model





# Brigade Health Promotion Team

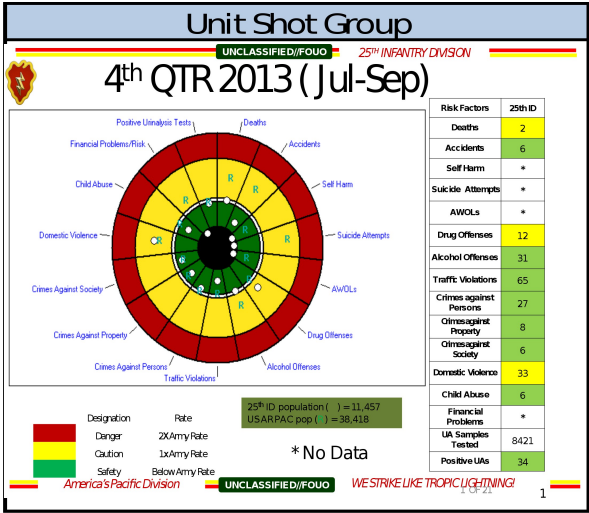
## Dashboard

Indicators	
% of Soldiers w/ Sponsorship	83
%SIR Reported w/in 24 hrs	100
%ACE Training	87
%Domestic Violence Training	85
%Sexual Assault Training	65
%ASAP Training	80
%MRT/MRTA Trained	82
%GAT Complete	93
%FSRPT Complete	88
%APRT Pass	99
%Ht/Wt or Body Fat Pass	92
%MRC 3a/ 3b	0
%MRC 4	2

Level of Risk	
IND/FAMILY FITNESS	
Ind and domestic	
PROFESSIONAL FITNESS	
Mission readiness/Team confidence	
SPIRITUAL FITNESS	
Resiliency/ Respect for Others/ POM	
PHYSICAL FITNESS	
APRT/ #Overweight/ Profiles	
MORALE ASSESSMENT	
Overall Command Assessment	

**ARFORGEN: READY**

Commander's Comments
Unit Morale/Wellness Events
Best Practices/Highlights
Major Issue
Vacancies



Strategy Focus Areas
Risk Identification
Leadership Values
Domestic Violence
Drug/Alcohol
Financial Readiness
Soldier Physical Fitness

Battalion Opportunities for Excellence		
XBn Highlight: "Improved X by X%"	XBn Highlight: "Best Practice X"	XBn Highlight: "Major Issue X"
XBn Highlight: "Held Resiliency Training"	XBn Highlight: "Major Issue X"	XBn Highlight: "Major Issue X"



# Health Promotion Teams (HPTs) Meeting



# Battalion Health Promotion Team Dashboard

**Unit : XX BN**

**TRENDS:**

**ACTION PLAN / STATUS:**

**Assigned:**

**Completed MRT:**

**MRTs Assigned:**

**Low:**

**Moderate:**

**High:**

**TRENDS:**

**RESOURCE REQUIREMENTS:**





# Battalion Health Promotion Team Dashboard

## Unit: XX BN

As of 11/1/2016

**Assigned:**

**MEDPROS: %**

**MRT trained :%**

**PPPT(EL/Part): # / #**

**High:**

SEP	OCT	NOV
#	#	#

**Moderate:**

SEP	OCT	NOV
#	#	#

**Low:**

SEP	OCT	NOV
#	#	#

TREND	OCT	NOV	DEC
TRENDS: Positive			
College Enrollment	#	#	#
Volunteer Hours	#	#	#
APRT >270	#	#	#
UMT Assigned/Required	# / #	# / #	# / #
MRT Assigned/Required	# / #	# / #	# / #
UVA Assigned/Required	# / #	# / #	# / #
TRENDS: Disciplinary			
Crimes People/ Property	#	#	#
UCMJ Repeat Offenders	#	#	#
Curfew Violations	#	#	#
Alcohol Incidents	#	#	#
Drug Incidents	#	#	#
Assault Offenses	#	#	#
TRENDS: Social/Behavioral			
Counseling			
Suicides/Attempts	#	#	#
Depression Intervention w/ UMT	#	#	#
ASAP Enrollment	#	#	#
Marital/Relationship Issues	#	#	#
Family Dynamics/Separation	#	#	#
Job-Related Stress	#	#	#
TRENDS: Others			
CSP/AIP Issues	#	#	#
Overweight	#	#	#
APFT Failure	#	#	#
SH/SA Victims	#	#	#

### Unit Level Prevention/Action Plan

How do we know we are being effective?

### Resource Requirements:



# CDR/1SG

Oversight  
Agenda  
Hold Monthly Meetings  
Legal Counsel  
Claims  
Adverse Actions

# MEDO

Injuries  
Treatment Facility  
Contact Information  
Medication Tracking

# Health Promotion Team Monthly Meeting

# Company

Contact Weekly  
Facilitate meetings

# PLT

Soldier progress,  
counseling packet  
Daily Checks

# HQ's

Report attended and  
missed meetings  
Update BBC  
Update Book  
NOK Contact Info

# CHP

Counsel  
Spiritual Fitness  
Moral Feedback  
Family Feedback

# PA

Track emotional status  
Report trends  
Periodic follow-up  
Coordinate w/ Behavior Health  
Profiles (Trends)  
High risk Meetings

# X Co WELLNESS CLIMATE ASSESSMENT



OIP ASSESEMENTS (G= "T"; A="P"; R="U")		UNIT RISK INVENTORYs/ ARAP / COMMAND ASSESSMENT	COMMAND DASHBOARD RISK ASSESSMENT
SPONSORSHIP		ACCIDENTS / SAFETY VIOLATIONS	
FRG		TRAFFIC VIOLATIONS	
BOSS		PROFILES / OVERWEIGHT	
PROMOTIONS		CRIMES AGAINST PROPERTY	
AWARDS		LEADERSHIP SHORTFALLS	
PT / 4 MILE RUN		STDs	
RETENTION		DRUG ABUSE / POSITIVE UAs	
LDR DEV PROGRAMS		ALCOHOL ABUSE	
COUNSELING		SPOUSE / CHILD ABUSE	
EO/POSH/CO2		SUICIDE / IDEATIONS / MENTAL HEALTH	

**HIGH / MED / LOW**

INDIVIDUAL/FAMILY

PROFESSIONAL

SPIRITUAL

PHYSICAL

MORALE

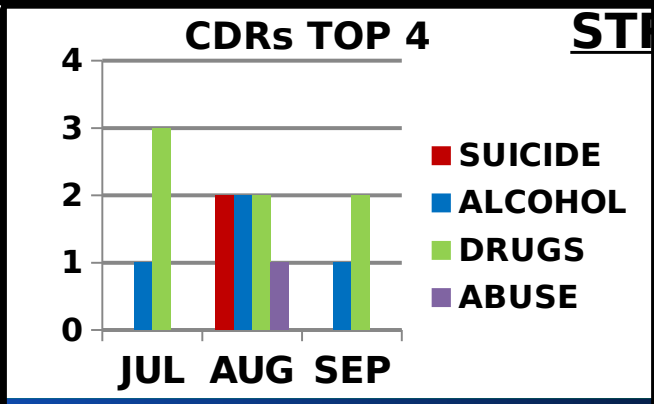
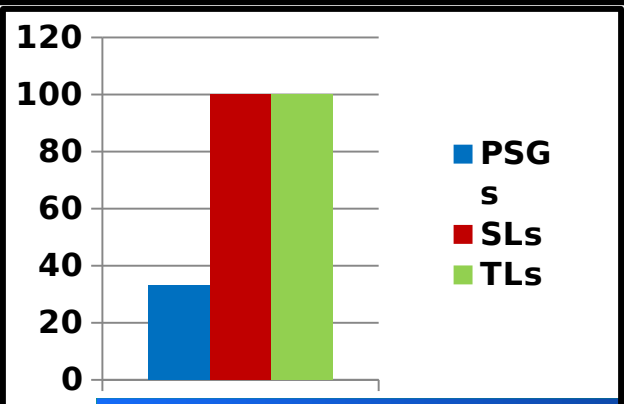
HIGH RISK POPULATION **6**

7  
6  
5  
4  
3  
2  
1  
0

JUL AUG SEP

■ E1-E4  
■ E5-E6  
■ E7-E8

HIGH RISK POPULATION TRENDS



**STRATEGY FOCUS AREAS**

**SOLDIER & FAMILY FITNESS**

- Drug Abuse (350-1, MRT, CATEP, ASAP, H&W Inspections)
- Domestic Violence (Chaplain Counseling, 350-1)
- Depression / Suicide (Weekly checks, care team meetings monthly)
- Family Care (FRG meetings)

# SPC Joe Snuffy



Soldier Picture	Soldier Data	
	Name:	
	DOB:	FEB 18 1984
	Battle Buddy:	
	Current Location:	
	NOK:	
	Years in Service:	3 YR 0 MO
Risk Level	High	
Recommended Retain:	Yes	
Date of Chapter initiation:	N/A	
# of Deployment s:		
Address:		

Date/Incidents/Commanders Report of Disciplinary Action (DA Form 4833) Status	
29 Aug 10	Contacted his team leader via text message and indicated that on the night prior he had attempted to overdose with his prescription for Xanax and alcohol. The PL was notified, and directed the SL to pick SPC Faivre up from the barracks and take him to the ER at EACH. SPC Faivre was admitted transferred to St. Francis Medical Center
1 Sep 10	Discharged from St. Francis
1 Sep 10	Screened/enrolled in ASAP

Summary of LDR Engagement		
Date	Control Person	Comments
2 Sep		Counseled soldier prior to long weekend; admitted a moment of weakness and regret for his actions. Seems positive about the future.
9 Sep		continues to show progress, seems to be back to his normal behavior.
19 Oct		Talked to him after the field problem; getting back into training has improved his morale.

Plan of Action to Improve SDR Wellness		
Case Manager	APT Schedule	Medications



# Questions



# Agenda

Opening Remarks (<5 Min)

Previous Due Outs: HPO (<10 Min)

Work Group Updates: Leads (<10 Min x 4 each)

Break: All (<10 Min)

Unit Trends: MSC Reps (<15 Min x 3 each)

Recap Due Outs: HPRA (<5 Min)

Final Comments (<5 Min)



# Opening Remarks

**PURPOSE:** *The Council serves as a unified mechanism for sharing information between commanders and working groups for the purpose of developing recommendations and strategies to promote healthy lifestyles , increase Soldier and Family resiliency, mitigate high risk behavior, and support overall mission readiness.*





# Community Health Promotion Council

## **Proposed Way Ahead**

Strategic Level

**Community Health Promotion Council Meeting - Executive Session**  
**Chair: Senior Commander (SC)**  
**(Quarterly - 90 Days)**

Operational Level

<b>Community Health Promotion Council Review Board</b> <b>Chair: GC &amp; SCR</b> <b>(Quarterly - 60 Days)</b>	
<p>(50%)</p> <p><b>(Part I)</b></p> <p><b>Work Group Updates</b> Chair: GC &amp; SCR Agency &amp; Organization Representatives involved in Social, Family, Spiritual,</p>	<p>(50%)</p> <p><b>(Part II)</b></p> <p><b>Unit Health Promotion Team Updates</b> Chair: GC &amp; SCR BDE CDRs &amp; Identified Service Agency Representatives</p>

**Behavioral, Financial & Physical Wellbeing of the Community**

Tactical Level

**Brigade Health Promotion Teams (BHPTs)**  
**Chair: BDE CDR**  
**(Monthly - 30 Days)**

**HPTs**  
**Chair: BN/ CO CDRs**  
**(Monthly - 30 Days)**



# Community Health Promotion Council

**MSC Way Ahead**

Strategic Level

**Lightning Strong OPT**  
Chair: DCG-S  
(Quarterly)

Operational Level

**Brigade Health Promotion Team**  
Chair: Brigade Commander  
(Monthly )

(Part I)

**Force Health Protection Committee**  
Chair: BDE HBO  
BN CDRs & Organization SMEs involved in Social, Family, Spiritual, Behavioral, Financial & Physical Wellbeing of the

(Part II)

**At Risk Soldier Identification & Coordination**  
Chair: BDE HBO  
BN CDRs & BDE Health Promotion Team

Organization

Tactical Level

BN (CO) Steering Committees  
Organic SMEs (MRTs, SRTs, etc)

(CO) Family Readiness Group  
(PLT) RV3, Monthly Counseling, SMEs



# DUE-OUTs



# CHPC Dash Board: Ready and Resilient

Focus Area:		Ready and Resilient Focus Area	Trends	Measures of Effectiveness	Best Practices	Lessons Learned	Comments
Program Information	Program Primary POC (name, email, phone #)	25 <sup>th</sup> ID					
	Program Alternate POC (name, email, phone #)	8 <sup>th</sup> TSC					
	Related Meetings (title & frequency/battle rhythm)	9 <sup>th</sup> MSC					
	Latest guidance from the Command Group	311 <sup>th</sup> TSC					
	Reports/data and outputs (who reported to)	TAMC					
	Program Goals	94 <sup>th</sup> AAMDC					
	Current and Future Initiatives (timeline)	500 <sup>th</sup> MIB					
		196 <sup>th</sup> TSB					
Requirements	Law	18 <sup>th</sup> MEDCOM					
	DoD Regulation	Garrison					
	Army Regulation	USARPAC					
	USARHAW Regulation						
	Other						
	Unit requirements (manning, training, etc.)						
Assistance Needed							
Does your Command have a good news story or vignette related to one of the focus areas to share?							
Measures of Effectiveness	What does a successful program look like in a Unit (how does a Commander know if they are being successful)?						
	What metrics should the Commander be tracking in the Unit to get a picture of the Unit?						
	What are indicators to a Commander						

*Review of each focus area for decision on agenda topics for the Executive CHPC*



# Working Group Updates

Soldier Wellness and Resilience Working Group

Conduct and Discipline Working Group

Preventable Death Working Group

Family Resilience Working Group



# Soldier Wellness and Resilience Working Group

- Definitions:

- Wellness is the state or condition of being in good physical and mental health.
  - Resilience is the ability to bounce back from adversity; the capacity to recover quickly from difficulties; toughness
- Proposed WG membership: Select 25<sup>th</sup> ID staff (chaplain, psychiatrist, surgeon, Lightning Strong Lead), select 8<sup>th</sup> TSC staff (surgeon, chaplain), Army PH Nursing, PH Command, CSF2, garrison CH, MWR, Psych Health Director
- Review and synchronize wellness and resilience programs to maximize efficacy and minimize duplication. Track effect on Soldier readiness and family member wellness measures



# Soldier Wellness and Resilience Working Group

**1) WORKING ISSUES/TRENDS:**

Policy: OPRORD 12-17  
Program: Army Wellness Center  
Training: NA  
Resource: Designated space

**2) DESIRED OUTCOME:**

Dedicated Army Wellness Center to support wellness and resilience for USARHAW Soldiers and Families

**3) : ACTION PLAN:**

Gain Designated building, MOU, PH funding  
-Procure dedicated space  
-Gain concurrence for MOU  
-Submit requirements to PHC for central funding

**4) CHALLENGES/STATUS:**

-Commitment of appropriate space



# Task Force, Program & Cell



## Senior Medical Council (As of 24 FEB 14)

POSITIVE TRENDS:	ACTION PLANS / STATUS:
<ul style="list-style-type: none"><li>- Improved Soldier readiness</li><li>- Recognition of Schofield Soldier BH requirements</li><li>- Decreased Acute Care visits</li></ul>	<ul style="list-style-type: none"><li>- Intensive Outpatient Program</li><li>- Program for Soldier BH</li><li>- Revision of SRP operations to post-OCO funding requirements</li><li>- Expansion of medical homes</li></ul>
NEGATIVE TRENDS:	RESOURCE REQUIREMENTS:
<ul style="list-style-type: none"><li>- Decreased staffing for family member BH</li></ul>	



# Conduct and Discipline Working

- **Group** Definitions:

- 

- Proposed WG membership:

-



# Conduct and Discipline Working Group

## 1) WORKING ISSUES/TRENDS:

Policy:  
Program:  
Training:  
Resource:  
Gap:

## 2) DESIRED OUTCOME:

-

## 3) : ACTION PLAN:

-

## 4) CHALLENGES/STATUS:

-



# Task Force, Program & Committee

## Courtesy Patrol (As of DTG)

TFs, Prgm &

**POSITIVE TRENDS:**

-

**ACTION PLANS / STATUS:**

-  
-

**NEGATIVE TRENDS:**

-

**RESOURCE REQUIREMENTS:**

-  
-



## Preventable Death Working Group

- Definition of Preventable Death: A death that, had certain specific measures been taken, could possibly have been prevented.
- Proposed membership: Family Advocacy Program (FAP) Prevention and Treatment, Fatality Review Board (FRB), Adolescent Substance Abuse Counseling Services (ASACS), DES, CID, Master Resiliency Trainers, MEDCOM, Behavioral Health, ASAP, Risk Reduction, Suicide Prevention, Fusion Cell, SJA, 25ID G1, 8TSC G1, Safety, Chaplain, EEO, SHARP, and IG
- Review data on deaths in FY 13 to determine data points, look for lessons, identify trends, root cause Analysis



# Preventable Death Working Group

## 1) WORKING ISSUES/TRENDS:

Policy: Revise to merge meetings

Program: Communication/data

Training: TBD

Resource: Efficient consolidation

Gap: Current methods of practice

## 2) DESIRED OUTCOME:

- Define the problem
- Save lives
- DA Safety Data

## 3) : ACTION PLAN:

- Definition
- Players
- Review current data to establish parameters, identify leading/lagging measures
- Determine course

## 4) CHALLENGES/STATUS:

- Lags in data: i.e., FRB investigations of domestic violence (DV) related deaths is two years after the event
- Data not available/communicated

- Consider combining efforts



# Task Force, Program & Teams

## Suicide Prevention Task Force

POSITIVE TRENDS:	ACTION PLANS / STATUS:
<ul style="list-style-type: none"><li>• SIRs on ideations indicate positive actions of units/soldiers</li><li>• October MTT (Mobile Training Team Train the Trainer) certified 149 ACE-SI and 44 ASIST instructors</li><li>• Monthly ASIST and ACE-SI offered</li></ul>	<ul style="list-style-type: none"><li>• Align SP Task Force with new CHPC Preventable Death working group</li><li>• Leadership Paradigm</li><li>• Develop campaign materials/publicity</li><li>• Request DPTMS reports in order to monitor all SP training</li></ul>
NEGATIVE TRENDS:	RESOURCE REQUIREMENTS:
<ul style="list-style-type: none"><li>• Increased restrictions of sensitive information makes it difficult to analyze trends from SIRs/blotter</li><li>• Units lack compliance with mandatory ACE-SI training and DTMS documentation</li></ul>	<ul style="list-style-type: none"><li>• Pending further study</li></ul>





# Task Force, Program & Teams

## Installation Prevention Team (IPT)

TFs,

### POSITIVE TRENDS:

- Command emphasis on prevention
- Decreased deployment = increased training
- Increased focus on incoming troops

### NEGATIVE TRENDS:

- Inconsistent SIR/blotter access
- Incomplete/inaccurate data
- New drug trends/laws in continental U.S. (Colorado, etc.)

### ACTION PLANS / STATUS:

- Align IPT with new CHPC Preventable Deaths working group
- Leadership Paradigm
- Detail action plans for best practices among units
- Review data for accuracy and establish monitoring procedures

### RESOURCE REQUIREMENTS:

- Pending further study



#### Family Resilience Working Group

- Definition of Family Resilience: A family acting in whole that exercises and exhibits traits that lead to successful adaptation and coping to a significant stressor or adversity. As one of the 5 dimensions of strength, family is defined as:
  - Family = Being part of a family unit that is safe, supportive and loving, and provides the resources needed for all members to live in a healthy and secure environment
  - A resilient family is one that retains the above qualities even in the face of adversity.
- Proposed WG Primary Membership:
  - Family and MWR (ACS(FAP, SOS,EFMP,SFAC) CYSS, Recreation, Business, Support)
  - Chaplains
  - MEDCOM
  - DHR
  - Housing and IPC
  - CSF2 office
  - 25ID G1, 8TSC G1



# Family Resilience Working Group

## 1) WORKING ISSUES/TRENDS:

- Policy: AR608, AR215, TBD
- Program(s): CSF2, R2C, Strong Bonds
- Training: MRT, TBD
- Resource: TBD
- Gap: TBD

## 2) DESIRED OUTCOME:

- Displayed skills of resiliency for families to successfully adapt to the demand and changes of today's modern Army.

“Resilient Families”

## 3) : ACTION PLAN:

- Players- Identify Agency POC
- Review current data to establish baselines, parameters, identify leading/lagging measures
- Determine course of WG and Task Force(s)

## 4) CHALLENGES/STATUS:

- Fiscal Environment (Funding and Staff)
- Cultural change
- Managing Expectations
- Sense of Entitlement



# Task Force, Program & Teams

## Family Resilience Program (As of DTG)

### POSITIVE TRENDS:

- FAP Outreach and Utilization reached 70K
- Youth Sports Participation (700-800 per sport)
- Higher than Army average on-post housing
- AER Command Referral Program

### NEGATIVE TRENDS:

- 20% = higher Army Average
- Domestic Violence and Child Abuse cases are higher in USARHAW then Army average
  - DV= 10.1 vice 6.3 per 1000
  - CA= 9.6 vice 6.3 per 1000
- CYSS Waitlist for Children
- CYSS Staff
- Recruitments/Vacancies (5 Rooms Closed)

### ACTION PLANS / STATUS:

- Identify Measurement of Performance
- Identify Measurements of Effectiveness
- Continue to focus on positive trends
- Establish plans to reduce negative trends

### RESOURCE REQUIREMENTS:

- Continue working with CPAC to Hire Qualified/Cleared CYSS Staff



# Community Health Promotion Council

## **This concludes Part I**

Work Group Update

10 Minute Break

## **Part II:**

R2TF Updates



# Quarterly Summary

## Moderate-High Risk Soldier Trend

	<b>*Assigned</b>	<b>Moderate</b>	<b>High</b>
<b>Oct</b>	3801	118 (3.1%)	55 (1.4%)
<b>Nov</b>	4037	140 (3.5%)	65 (1.6%)
<b>Dec</b>	4110	170 (4.1%)	61 (1.48%)

\*Assigned designates those units who reported to the CHPC-C each month



# MSC Unit Trends

25<sup>th</sup> ID

8<sup>th</sup> TSC

9<sup>th</sup> MSC

311<sup>th</sup> TSC

TAMC

94<sup>th</sup> AAMDC

500<sup>th</sup> MIB

196<sup>th</sup> TSB

18<sup>th</sup> MEDCOM



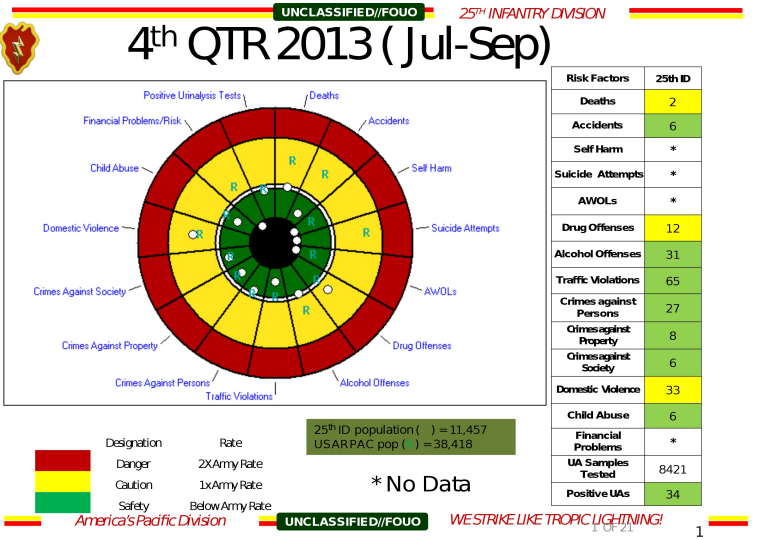
# MSC Health Promotion Team Dashboard

Indicators	
%of Soldiers w/ Sponsorship	88
%SIR Reported w/ in 24 hrs	100
%ACE Training	87
%Domestic Violence Training	85
%Sexual Assault Training	65
%ASAP Training	80
%MRT/MRTA Trained	82
%GAT Complete	93
%FSRPT Complete	88
%APRT Pass	99
%Ht/Wt or Body Fat Pass	92
%MRC 3a/ 3b	0
%MRC 4	2

Level of Risk
IND/FAMILY FITNESS Ind and domestic
PROFESSIONAL FITNESS Mission readiness/ Team confidence
SPIRITUAL FITNESS Resiliency/ Respect for Others/ POM
PHYSICAL FITNESS APRT/ #Overweight/ Profiles
MORALE ASSESSMENT Overall Command Assessment

**ARFORGEN: READY**

Commander's Comments
Unit Morale/Wellness Events
Best Practices/ Highlights
Major Issue
Vacancies



Strategy Focus Areas
Risk Identification
Leadership Values
Domestic Violence
Drug/Alcohol
Financial Readiness
Soldier Physical Fitness

Battalion Opportunities for Excellence		
XBn Highlight: "Improved X by X%"	XBn Highlight: "Best Practice X"	XBn Highlight: "Major Issue X"
XBn Highlight: "Held Resiliency Training"	XBn Highlight: "Major Issue X"	XBn Highlight: "Major Issue X"





# DUE-OUTs

- ❑ All Council members read and be familiar with RR Campaign
- ❑ Dashboard assessments at brigade and battalion level and BPT present at next council meeting
- ❑ BDE commanders identify potential gaps in BHPT membership and work with individual agencies to fill those gaps
- ❑ BDE commanders give consideration to how assessments are being done at company/individual level (Ready V3, etc)
- ❑ Establish good conduct and discipline working group with senior NCO participation
- ❑ Family resilience working group prioritize programs
- ❑ MSC dashboards will be presented at next council meeting
- ❑ Working groups will select and brief relevant performance measures at next council meeting



# Meeting Schedule

**Next scheduled meeting is  
Friday, 30 May 2014  
Time: 0930-1130**

**Location: Post Conference  
Room**



# Questions